

5 STEPS TO SUSTAINABLE TRANSFORMATION THROUGH EXECUTIVE COACHING



BRIEF



We begin with a conversation to understand your needs, goals, challenges, and context. During this session, I assess your readiness for being coached and explore if we are a good fit to work together.

STEP
01

SIGN-OFF

Once a decision is made to proceed, we both agree on a final version of your program structure. We agree to a coaching commitment that outlines the boundaries of the coaching relationship, my commitments, your commitments, confidentiality and ethics.



STEP
02

KICK-OFF



You complete assessments and diagnostics and we conduct a strategy session to document your goals. Time for coaching to commence!

STEP
03

COACHING IN PROGRESS

The underlying belief which informs my coaching style is that you have the answers within yourself and I facilitate your journey of discovering solutions.



STEP
04

CONCLUSION



In the last session, we carry out a debrief and perform a final evaluation of the overall program. I provide next steps and recommendations aimed to sustain development and growth.

STEP
05