

AUTHENTIC LEADERSHIP

Authentic leadership can be defined as an approach to leadership that emphasizes building leaders' legitimacy on an ethical foundation, through honest relationships with followers who value their input. While Authentic Leadership is still a growing area of academic research, the concept of authenticity can be traced back to Ancient Greece. Ancient Greek philosophers stressed authenticity as an important state of being in control of one's own life.

“Know Thyself” - Socrates.

Recently, Authentic Leadership has received more attention because of publications from Harvard professor and former Medtronic CEO, Bill George.

The 4 components of Authentic Leadership:



Internalised moral perspective

A positive ethical foundation inherited by the leader in his or her relationships and decisions, that is resistant to outside pressures.



Self-awareness

An ongoing process of reflection and re-examination by the leader of their own strengths, weaknesses and values.



Balanced processing

Solicitation by the leader of opposing viewpoints and fair-minded consideration of those viewpoints



Relational transparency

Open sharing by the leader of their own thoughts and beliefs.



Keen to learn more?

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